“From a small seed a mighty trunk may grow.” - Aeschylus

**AT SCHOOL**

Plant a pollinator patch in your school garden! Help attract the butterfly species unique to your area and support pollinators by planting native plants.

Through the Foundation's Butterflyway program, learn how to plant a garden with native plants that are good for bees and butterflies.

**AT HOME**

Build a bug hotel! Backyards and gardens can be turned into nature sanctuaries. Learn how to provide essential habitat for pollinators like bees, butterflies and hummingbirds, using found materials. Bug or insect hotels attract species we need to pollinate our veggie gardens and fruit trees and control pests. Bug hotels are an excellent overwintering habitat for beneficial critters like ladybugs.

For any questions or comments regarding these resources, please contact: izzy@davidsuzukifoundation.org
Plant seeds of change

Try the Queen of Green's tips on how to build a bug hotel

Empower the children to connect with their community! While some environmental discussions may be difficult for children to have with neighbours, taking small actions together can build a sense of connection and trust.

Two Ideas:

Organize a clothing or toy swap – Discuss the purpose of recycling and why reusing and sharing can be better for the environment.

Start a food-sharing club – Talk to neighbours about gardening, or encourage children to try to plant some food to share at a neighbourhood or school event.

More information on these activities can be found at:

Leadership takes courage, but when you share knowledge and expertise it can inspire others. And inspiration can be addictive!

Share and inspire others
Inspire other teachers and their students by documenting your activities and sending them to the David Suzuki Foundation. Pictures, drawings, videos and students' written work will help share the do what you can message across Canada!

For more information, visit davidsuzuki.org or follow us:

For any questions or comments regarding these resources, please contact: izzy@davidsuzukifoundation.org