You have a voice and it's powerful!

Below are some ideas for how you can use your voice to help protect the planet.

**AT SCHOOL**

Be creative! Have students send a message to their local MP, MLA or city councillors explaining why protecting the environment is important to them or how Earth might look in the future. Encourage students to get creative on a range of projects using videos, artwork, music, letters, etc.

**STEP 1:** Let kids discuss: Why does protecting the environment matter to you? What type of future do you want? Why is this important now?

**STEP 2:** Pick a theme and let students decide how they want to express themselves (art work, bulletin board, video, letter-writing, etc.).

Possible themes: Climate change, protecting nature and animals, environmental rights, saving the bees, zero waste/recycling.

**STEP 3:** Get creative! Set aside time for the project and draw, write, paint, record and post!

**STEP 4:** Deliver or send copies of the art and/or letters to your school’s MP/MLA/councillor. It’s free to send mail to your local politicians!

**CHALLENGE:** Get other classrooms to join in this project. Create bulletin boards or displays outside your classroom featuring the art and letters. Allow a broader school vote on the favourite! Use all this artistic energy to invite your MP/MLA/councillor to your school or classroom.

**Find your MP**

**Find your MLA**

**FIND YOUR CITY OR TOWN COUNCILLOR BY WEB SEARCHING:** “_________ [name of city/town] councillor”

**Sample video**

For any questions or comments regarding these resources, please contact: izzy@davidsuzukifoundation.org
Raise your voice

At Home

Ask the children to enrol their families in raising their voices! Parents can be encouraged to send a letter to their local politicians using the same steps as above. Make sure they include a question for the politician based on the chosen theme so they get a response. For example: What are your plans to protect the local park?

Children can write a love letter to nature and hide it for someone else to find! Ask them to answer: What do you love most about nature?

Hide your note:
- around the house
- at your local library
- at your community centre
- at your school
- in a courtyard or garden

Teachers and parents could also gather a number of letters and showcase them for everyone to enjoy. Create a gratitude tree on the front boulevard or in a public park.

Find more inspiration at The Love Lettering Project

Great activity for younger children:
Children not yet be able to put their love into words can paint rocks with positive messages or images of love instead. Please make sure to use low-to no-VOC (volatile organic compound) paint if you are putting your rocks in nature so you’re not harming the environment (despite all the love). Place the rocks around a favourite tree or park.

Painted Rocks by Leppicu
Painted Rocks by Foresaken Fotos
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