

## OKANAGAN HIGHLAND ECOZONE

# Help bring butterflies home to your garden

Native wildflowers are adapted to local climate and soils and require less care and watering once established. They provide sugar-filled nectar and protein-rich pollen for beneficial insects like local butterflies and wild bees. This regional native plant list includes wildflowers for the *Okanagan Highland ecozone*, which includes: **Osoyoos, Oliver, Cawston and Kaledon**. Always try to find local sources for native plants.



Common Yarrow



Showy Milkweed



Blanketflower



Long-Flowered Bluebell



Canada Goldenrod



Common Name	Botanical Name	Height	Flower Colour	Flower Season	Sun	Soil	Pollinators	Butterfly Host Plant
Common Yarrow	Achillea Millefolium	0.75m	White-pink	April – July	Sun	Dry	Bees, beetles, butterflies	X
Showy Milkweed	Asclepias Speciosa	Up to 1m	Pinkish-purple	May – June	Sun	Dry	Butterflies, hummingbirds	X
Shrubby-Leafed Balsamroot	Balsamorhiza Sagittata	0.4-1.2m	Yellow	March – April	Sun to partial shade	Dry	Bees, flies	
Harebell, Bluebell	Campanula Rotundifolia	0.1-0.8m	Purple	June – Sept	Sun to partial shade	Dry to moist	Bees, hummingbirds	
Common Red Paintbrush	Castilleja Miniata	0.8m	Red	April – May	Sun to partial shade	Dry	Bees	
Fireweed	Epilobium Angustifolium	1-3m	Purplish-pink	June – Aug	Sun	Dry to moist	Bees, hummingbirds	
Snow Buckwheat	Eriogonum Niveum	0.3m	White to pinkish	Aug – Sept	Sun	Dry	Bees, butterflies	X; Behr's Hairstreak
Yellow Bells	Fritillaria Pudica	0.02-0.1m	Dark yellow	March – April	Sun	Dry	Bees, other insects	
Blanketflower	Gaillardia Aristata	0.2-0.7m	Yellow to orange	May – Oct	Sun	Dry	Bees, beetle (soft-winged flower beetle <i>Listrus senilis</i> ), butterflies	
Golden-Aster	Heterotheca Villosa	0.1-0.5m	Yellow	July – Oct	Sun	Dry	Bees, other pollinators	
Long-Flowered Bluebell	Mertensia Longiflora	0.05-0.25m	Blue	March – May	Sun to partial shade	Dry to moist	Bees	
Brittle Prickly-Pear Cactus	Opuntia Fragilis	0.05-0.2m	Orange-tinted yellow	May – July	Sun	Dry	Bees, other insects	
Yellow Penstemon	Penstemon Confertus	0.5m	Cream-coloured	April – June	Sun	Dry to moist	Bees, butterflies, flies, hummingbirds	
Lance-Leaved Stonecrop	Sedum Lanceolatum	0.05-0.25m	Yellow	Late June – July	Sun	Dry	Bees, other insects	
Canada Goldenrod	Solidago Canadensis	0.3-1.65m	Gold	Aug – Oct	Sun	Dry to moist	Bees, other insects	X