## Support pollinators in your garden!

Native plants are adapted to local climate and soils, and often require less care and watering once established. They provide sugar-filled nectar and protein-rich pollen for native insects, including butterflies and bees. This list includes a selection of garden-friendly plants that are native to New Brunswick ecoregions. When purchasing native plants, use their botanical names to make sure you are getting the correct species.



Black-eyed Susan (Junaid Khan)



Carolina Rose (Ian Whyte)



Wild Strawberry



**New England Aster** 



Joe Pye Weed



White Turtlehead (Ian Whyte)





Common Name	Botanical Name	Height	Flower Colour	Flower Season	Sun	Soil	Pollinators
Pin Cherry	Prunus pensylvanica	7 to 11 m	White	April to June	Sun	Dry to moist, well drained	Bees
Downy Serviceberry	Amelanchier arborea	4 to 8 m	White	April to May	Sun to partial sun	Dry to moist, well drained	Bees, flies
Carolina Rose	Rosa carolina	1 to 2 m	Pink	May	Sun	Normal to wet	Bees, butterflies
Swamp Milkweed	Asclepias incarnata	1 to 1.2 m	Pink, purple	June to August	Sun	Moist to wet	Bees, butterflies
White Turtlehead	Chelone glabra	50 cm to 1.2 m	White	August to September	Sun to partial sun	Moist to wet	Bees, butterflies
New England Aster	Symphyotrichum novae- angliae	1 to 2 m	Pink, purple	August to October	Sun to partial shade	Moist to average	Bees, butterflies, flies
Calico Aster	Symphyotrichum lateriflorum	90 cm to 1.2 m	White	August to October	Sun to partial shade	Dry to moist	Butterflies
Gray Goldenrod	Solidago nemoralis	50 cm to 1 m	Yellow	August to October	Sun to partial shade	Dry to average	Bees, butterflies
Black-eyed Susan	Rudbeckia hirta	30 to 90 cm	Yellow with brown centre	July to September	Sun to partial sun	Moist to dry	Bees, butterflies, beetles, wasps
Wild Strawberry	Fragaria virginiana	8 to 10 cm	White	May to July	Sun to partial shade	Dry to average	Bees, butterflies
Joe-pye Weed	Eutrochium maculatum	1.2 to 2 m	Pink, purple	July to September	Sun to partial shade	Moist to wet, well drained	Bees, butterflies
Canada Mayflower	Maianthemum canadense	10 to 20 cm	White	May to June	Partial shade to shade	Average to moist	Bees, flies, beetles
Virgin's Bower	Clematis virginiana	2 to 6 m	White	July to August	Sun to partial shade	Average to moist	Bees, butterflies
Fireweed	Chamerion angustifolium	1 to 1.8 m	Pink, purple	July to September	Sun to partial sun	Dry to moist, well drained	Hummingbirds, bees, butterflies
Tufted Hair Grass	Deschampsia cespitosa	60 to 90 cm	Gold, silver, green	July	Partial sun to partial shade	Average to moist	Butterflies
Plantain-leafed Sedge	Carex plantaginea	60 cm	Inconspicuous	May	Partial shade to shade	Dry to moist, well drained	Butterflies