

SOUTHWEST NOVA SCOTIA UPLANDS ECOZONE

# Help bring butterflies home to your garden

Native wildflowers are adapted to local climate and soils and require less care and watering once established. They provide sugar-filled nectar and protein-rich pollen for beneficial insects like local butterflies and wild bees. This regional native plant list includes wildflowers for the *Southwest Nova Scotia Uplands ecozone*, which includes: **Bridgewater** and **Yarmouth**. Always try to find local sources for native plants.



Canada Goldenrod



Fireweed



Swamp Milkweed



Golden Ragwort



Joe Pye Weed



Common Name	Botanical Name	Height	Flower Colour	Flower Season	Sun	Soil	Pollinators
Common Yarrow	Achillea Millefolium	0.3-0.9m	White, cream, pink	June – Aug	Sun	Dry to well drained	Bees, butterflies, flies
Swamp Milkweed	Asclepias Incarnata	0.3-1.5m	Purple, pink	June – Aug	Sun	Moist to wet	Bees, butterflies
Fireweed	Chamaenerion Angustifolium	0.6-1.8m	Purple, pink	July – Sept	Sun	Dry to moist, well drained	Hummingbirds, butterflies, bees
Bunchberry	Cornus Canadensis	Less than 1m	White/cream, green/brown	May – Sept	Sun to partial shade	Normal to moist	Bees, flies
Rough Fleabane	Erigeron Strigosus	0.15-0.7m	White/cream	April – Aug	Partial sun to sun	Dry, well drained	Bees, flies, butterflies, moths
Flat-Top Goldentop	Euthamia Graminifolia	0.3-1.2m	Yellow	July – Oct	Sun	Moist to well drained	Bees, butterflies
Joe Pye Weed	Eutrochium Maculatum	0.6-1.8m	Purple, pink	July – Sept	Sun to partial shade	Moist to wet, well drained	Bees, butterflies
Wild Strawberry	Fragaria Virginiana	Less than 1m	White/cream	May – July	Sun to partial shade	Dry to normal	Bees, butterflies
Common Jewelweed	Impatiens Capensis	0.6-1.5m	Yellow, orange, green/brown	July – Oct	Partial shade to shade	Moist to wet	Hummingbirds, butterflies, bees
Golden Ragwort	Packera Aurea	3-7m	Dark yellow	May – June	Sun to shade	Moist to wet	Bees, flies, butterflies, moths
Black-Eyed Susan	Rudbeckia Hirta	Up to 1m	Yellow with dark brown centre	June – Sept	Sun to partial sun	Moist to dry	Bees, butterflies, beetles, wasps
Blue-Eyed-Grass	Sisyrinchium Montanum	0.1-0.5m	Blue, purple	May – July	Sun to shade	Dry to wet	Bees, flies
Canada Goldenrod	Solidago Canadensis	0.6-2.1m	Yellow	Aug – Nov	Partial shade	Moist	Bees, butterflies
Lance-Leaved Aster	Symphotrichum Lanceolatum	Up to 1m	White/cream	Sept – Oct	Sun	Moist to wet	Butterflies