

ALGONQUIN LAKE NIPISSING ECOZONE

Help bring butterflies home to your garden

Native wildflowers are adapted to local climate and soils and require less care and watering once established. They provide sugar-filled nectar and protein-rich pollen for beneficial insects like local butterflies and wild bees. This regional native plant list includes wildflowers for the *Algonquin Lake Nipissing ecozone*, which includes: **Sault Ste. Marie, Sudbury, North Bay, Parry Sound and Huntsville.** Always try to find local sources for native plants.



Canada Goldenrod



Wild Columbine



Swamp Milkweed



Purple-Stemmed Aster



Spotted Joe Pye Weed



Common Name	Botanical Name	Height	Flower Colour	Flower Season	Sun	Soil	Pollinators	Butterfly Host Plant
Common Yarrow	Achillea Millefolium	0.3-0.7m	White, cream, pink	June – Aug	Sun	Dry to well drained	Butterflies	
Wild Columbine	Aquilegia Canadensis	0.3-1m	Red with yellow	April – July	Partial shade to sun	Moist, well drained	Hummingbirds, bees, moths	X
Swamp Milkweed	Asclepias Incarnata	0.3-1.5m	Purple, pink	June – Aug	Sun	Moist to wet	Butterflies, bees	X
Fireweed	Chamaenerion Angustifolium	0.6-1.8m	Purple, pink	July – Sept	Sun	Dry to moist, well drained	Hummingbirds, butterflies, bees	X
White Turtlehead	Chelone Glabra	0.3-0.9m	White, cream, pink	July – Sept	Sun to shade	Moist to wet	Butterflies, bees	X
Virgin's Bower	Clematis Virginiana	3m+	White	July – Aug	Sun to partial sun	Moist	Flies, bees	
Common Boneset	Eupatorium Perfoliatum	1-1.5 m	White	July – Sept	Sun	Well drained to moist	Bees, butterflies, flies	
Joe Pye Weed	Eutrochium Maculatum	1-2m	Pink, purple	July – Sept	Sun to partial shade	Wet to moist	Bees, butterflies	X
Wild Strawberry	Fragaria Virginiana	Less than 1m	White	April – June	Sun to partial shade	Well drained to moist	Bees, flies	
Jewelweed	Impatiens Capensis	0.60-1.5m	Yellow, orange, greenish brown,	July – Oct	Partial shade to shade	Moist to wet	Hummingbirds, butterflies, bees	
Wild Blue Iris	Iris Versicolor	0.60-0.90m	Blue, purple	May – Aug	Sun to partial shade	Moist to wet	Hummingbirds, bees	
Cardinal Flower	Lobelia Cardinalis	1-1.5m	Red	Aug – Oct	Sun to partial shade	Moist to wet	Bees, hummingbirds	
Strict Blue-Eyed Grass	Sisyrinchium Montanum	0.1-0.5m	Blue, purple	May – July	Sun to shade	Dry to wet, well drained	Bees	
Canada Goldenrod	Solidago Canadensis	0.3-1.2m	Yellow, orange	July – Oct	Sun to partial shade	Dry, well drained	Butterflies, bees	
Purple-Stemmed Aster	Symphotrichum Punicum	0.6-2m	Blue, purple	Aug – Sept	Sun	Moist to wet, well drained	Butterflies, bees	X