

CENTRAL LAURENTIANS ECOZONE

# Help bring butterflies home to your garden

Native wildflowers are adapted to local climate and soils and require less care and watering once established. They provide sugar-filled nectar and protein-rich pollen for beneficial insects like local butterflies and wild bees. This regional native plant list includes wildflowers for the *Central Laurentians ecozone*, which includes: **Chicoutimi, Sept-Iles, Labrador City, Baie-Comeau and Jonquiere**. Always try to find local sources for native plants.



Canada Goldenrod



Pearly Everlasting



Swamp Milkweed



Purple-Stemmed Aster



Spotted Joe Pye Weed



Common Name	Botanical Name	Height	Flower Colour	Flower Season	Sun	Soil	Pollinators	Butterfly Host Plant
Common Yarrow	Achillea Millefolium		White, cream, pink	June – Aug	Sun to partial shade	Dry to well drained	Butterflies	
Pearly Everlasting	Anaphalis Margaritacea	<1m	White/cream	July – Sept	Sun	Dry	Butterflies, bees	X
Swamp Milkweed	Asclepias Incarnata		Purple, pink	June – Aug	Sun to partial shade	Moist to wet	Butterflies, bees	X
Harebell, Bluebell	Campanula Rotundifolia	0.2-0.5m	Blue, purple	June – Sept	Sun to partial shade	Dry, well drained	Hummingbirds	
Fireweed	Chamaenerion Angustifolium	0.6-1.8m	Purple, pink	July – Sept	Sun	Dry to moist, well drained	Hummingbirds, butterflies, bees	X
Blue-Bead Lily	Clintonia Borealis	0.1-0.4m	Yellow, green/brown	May – June	Shade	Moist	Bees	
Goldthread	Coptis Groenlandica	0.1-0.2m	White/cream	May – Aug	Partial shade to shade	Moist	Bees, flies	
Joe Pye Weed	Eutrochium Maculatum	1-2m	Pink, purple	July – Sept	Sun to partial shade	Wet to moist	Bees, butterflies	X
Labrador Tea	Ledum Groenlandicum	0.5-1.5m	White/cream	April – June	Sun to shade	Moist to wet	Butterflies, bees	X
Virginia Creeper	Parthenocissus Quinquefolia	15m+	Greenish white	May – June	Sun to shade	Dry to moist	Bees, flies	X
Lue-Eyed Grass	Sisyrinchium Montanum	0.1-0.5m	Blue, purple	May – July	Sun to shade	Dry to wet, well drained	Bees	
Canada Goldenrod	Solidago Canadensis	0.3-1.2m	Yellow, orange	July – Oct	Sun to partial shade	Dry, well drained	Butterflies, bees	
Purple-Stemmed Aster	Symphotrichum Punicum	0.60-2m	Blue, purple	Aug – Sept	Sun	Moist to wet, well drained	Butterflies, bees	X
Horned Dandelion	Taraxacum Ceratophorum	0.05-0.5m	Yellow	March – April	Sun to partial shade	Well drained	Bees	
Tall Meadow-Rue	Thalictrum Pubescens	0.6-3m	White/cream	June – Aug	Partial shade	Moist	Butterflies, bees	X